

Barwell Road Community Center

Zumba Fitness



Barwell Road Center

3935 Barwell Road
Raleigh, NC 27610

(919) 329-5994

E-mail: Barwell.Road
@raleighnc.gov

Free Zumba Night

This aerobic fitness class uses rhythms from Latin music. No previous dance experience is necessary. Wear comfortable clothing and you may bring small weights. Class taught by certified Zumba Instructor, Portia Walton.

This is a great class for all fitness levels!

Ages 13 and up

Thursday, January 17th

6:30pm-7:30pm

Zumba classes are regularly held on:

Mondays	6pm-7pm
Thursdays	6:30pm-7:30pm

17 and under	\$3 per night
\$18 and older	\$5 per night

*Pre-registration is not required, but please come early to sign in.

